

# Visual psychophysics, sensitivity regulation and adaptation



Psychophysical measures of adaptation mechanisms

# What is visual psychophysics?

Psychophysicists study human vision by measuring an observer's performance on carefully chosen perceptual tasks.

By manipulating the properties of simple visual stimuli, and measuring the effect of that manipulation on an observer's performance we can infer the way the visual system processes particular properties of a stimulus.



How do we process visual information?

### STIMULUS

VISUAL SYSTEM

### PERCEPTION

# What is visual psychophysics?

In psychophysics, we try to infer what is going on inside the visual system just from studying the input and output.

So, to the psychophysicist the visual system is much like a "BLACK BOX".

We can learn a surprising amount about the black box and how it works from psychophysical measurements.



How do we process visual information?

### STIMULUS

VISUAL SYSTEM



### Psychophysical tasks that can provide useful information:

### DETECTION TASKS







*Is a circle present?* 

Is the circle flickering or steady?

Is the pattern (grating) visible?

### In general, simple tasks are used.

Can you think of other tasks?

# Which other tasks provide useful information?

#### **DISCRIMINATION OR MATCHING**



### **REACTION TIME**



Are the two halves the same or different?

Respond to the appearance of a circle as quickly as you can.

Psychophysics versus physiology and anatomy

What sort of things can psychophysics tell us that physiology and anatomy cannot?

And vice versa?

Can the different approaches be complementary?

As an example, let's link psychophysical measures with the mechanisms of light adaptation at the molecular level (covered in the phototransduction lecture)...

### Phototransduction



Mechanisms that <u>shorten</u> the visual integration time



[G<sup>\*</sup>α-PDE6<sup>\*</sup>] dependent Increased rate of hydrolysis of cGMP to GMP



[Ca<sup>2+</sup>] dependent activity of Rec.

### Shortening the integration time of the system...



What are the effects on visual performance of shortening the integration time?

And how might we measure those effects psychophysically?



Shortening the integration time of the system will alter the sensitivity of an observer for seeing higher rates of flicker...



The effects can be seen in...

# Cone temporal (or flicker) modulation sensitivity measurements

# Flickering stimuli

### Sinusoidal flickering stimuli are inherently simple.

In the Physiological Optics lecture we were considered about sinusoidal variation over space rather than time.



Sinusoids of different frequencies, amplitudes and phases can be summed to produce other waveforms...

This is a powerful way of simplifying the stimuli that are used to study vision – if we can understand how simple sinusoids are processed, we may be able to predict how more complex stimuli will be processed, without measuring all the possible complex stimuli.



### Harmonics of a square and triangle wave



How do we measure them psychophysically?

We can't vary amplitude to find threshold.



### We can't vary amplitude to find threshold.



We need instead to measure the sensitivity for flicker but must leave the mean adaptive state of the eye unchanged.

Instead of varying flicker amplitude, the flicker "modulation" is varied...



The observer varies the target modulation to find the threshold for detecting flicker. As modulation is varied, the time-averaged mean adaptation level remains constant





Fig. 9. Photopic modulation sensitivity data. The curves on the left were obtained with a large flickering field; those on the right with a small flickering spot on a steady surround (KELLY, 1961a; DELANGE, 1958a)



Improvements in sensitivity at moderate and higher frequencies

Psychophysical experiments can provide important insights into many properties of vision and visual perception.

# OUTLINE

Sensitivity regulation and visual adaptation

Light adaptation

Contrast adaptation

Adaptation to features of a stimulus

# LIGHT ADAPTATION

# Light adaptation: What's the problem?



Given that a typical neuron can only operate over a range of <10<sup>3</sup>, how does the visual system maintain itself in a useful operating range despite the >10<sup>11</sup> change in illumination from starlight to bright sunlight?

Suggestions, please...

# • Light adaptation: How is it done?

1. Multiple systems with different sensitivities (rods and cones)

# Measuring light adaptation psychophysically: rod and cones



# Two systems

Rod and cone thresholdversus-intensity or tvi curves



Variation of log (threshold) with log (field intensity) for a 1° flashing test stimulus of yellow light (exposure time 0.063 sec.) on a blue-green field: 5°- parafoveal vision. (Stiles, 1939)



### Notes on "threshold" and "sensitivity"

- The lower the threshold, the higher the sensitivity
- The lower the sensitivity, the higher the threshold
- Threshold = 1 / sensitivity
- Both are often plotted in log coordinates

## • Light adaptation: How is it achieved?

- 1. Multiple systems with different sensitivities (rods and cones)
- 2. Desensitization (e.g., gain change, bleaching, response compression)

### A simple case: Measuring light adaptation in rods alone

First, choose an area of retina that favours the rods...

Then choose stimulus wavelengths that favour rod sensitivity over cones...



after Østerberg, 1935; as modified by Rodieck, 1988
First, choose an area of retina that favours the rods...

Then choose stimulus wavelengths that favour rod sensitivity over cones...



#### A simple case: Measuring light adaptation in rods alone

First, choose an area of retina that favours the rods...

Then choose stimulus wavelengths that favour rod sensitivity over cones...

The observer's task is to adjust the intensity of the target flash, so that the flash is just visible (i.e., the subject sets threshold).



ntensity

Space (x)

10° eccentric fixation





#### Rod threshold versus intensity (tvi) curves



# What are the advantages of a system that follows Weber's Law?



#### What happens to contrast as adaptation changes?

What are the advantages of a system that follows Weber's Law ?  $(\Delta I/I=k \text{ or } \log \Delta I = \log I + c)$ 

If Weber's Law holds these stimuli should be equally visible or detectable.













Things of the same contrast  $(\Delta I/I)$  look the same!



#### How can Weber's Law be implemented?



Several mechanisms, singly or in combination, can give rise to Weber's Law...



# The change in the gain of the system...

#### could be adjusted to maintain Weber's Law at *all* frequencies

Photopigment bleaching



# At cone bleaching levels...

Jay Enoch



At cone bleaching levels...

# Weber's law continues to hold.

Jay Enoch

#### Bleaching can be thought of as putting on dark glasses of increasing density.



At cone bleaching levels...

Weber's law continues to hold.



#### Bleaching can be thought of as putting on dark glasses of increasing density.



At cone bleaching levels...

Weber's law continues to hold.

Photopigment bleaching stops the cones from saturating.

Jay Enoch

## Important bleaching range



**Response compression** 

Logarithmic non-linearity



Assume that the  $\Delta R$ required for detection is the same for all *I*.

### • Light adaptation: How is it achieved?

- 1. Multiple systems with different sensitivities (rods and cones)
- 2. Desensitization (e.g., gain change, bleaching, response compression)
- 3. Change in pupil size

## Changes in pupil size



What is the effect of changing the pupil diameter from 7.9 mm to 2 mm on the light entering the eye? Area =  $\pi r^2$ So the area changes from about  $3.45 \times 3.45 \times 3.14 = 37.39$  sq mm to  $1 \times 1 \times 3.14 = 3.14$  sq mm

Which is a factor of c. 10, or 1 log unit.

### • Light adaptation: How is it achieved?

- 1. Multiple systems with different sensitivities (rods and cones)
- 2. Desensitization
- 3. Changes in pupil size
- 4. Temporal adaptation (speeding up/ shortening time constants)

#### Back to: Shortening time constants

- The system sums light over shorter and shorter time periods.
- As a result, the system becomes relatively more sensitive to high temporal frequencies and relatively less sensitive to low temporal frequencies.
- The system also responds more quickly; i.e., becomes less sluggish.

#### Can changing the integration time also give rise to Weber's Law?



Improvements in sensitivity at moderate and higher frequencies



Improvements in sensitivity at moderate and higher frequencies

### • Light adaptation: How is it achieved?

- 1. Multiple systems with different sensitivities (rods and cones)
- 2. Desensitization
- 3. Changes in pupil size
- 4. Temporal adaptation (shortening time constants)
- 5. Spatial reorganization (shortening space constants)





# Spatial frequency



## Spatial frequency gratings

Lower frequency



Higher frequency





Lower contrast

Higher contrast

Hans Irtel

## Spatial MTF

Spatial frequency in this image increases in the horizontal direction and modulation depth decreases in the vertical direction.

## Spatial MTF

The apparent border between visible and invisible modulation corresponds to your own visual modulation transfer function.

## Spatial MTFs

What happens as the visual system light adapts?



Fig. 8.4. Spatial contrast sensitivity curves at seven different retinal illuminance levels between 0.0009 and 900 trolands. The subject viewed the gratings through a 2 mm diameter artificial pupil. The wavelength of the light was 525 nm. Notice the loss of sensitivity for medium and high frequencies as the retinal illumination is decreased. (Adapted from Van Nes & Bouman, 1967.)

### Shortening space constants

The system sums light over smaller and smaller areas.

As a result, the system becomes relatively more sensitive to high spatial frequencies and relatively less sensitive to low spatial frequencies.

Possible mechanisms?



Surround inhibition increasing at higher light levels

Holk Cruise



How will this give rise to a band-pass spatial contrast sensitivity function?

Holk Cruise





















The space constant will also decline if cells with smaller receptive fields become more effective as the light level increases.
# • Light adaptation: How is it achieved?

- 1. Multiple systems with different sensitivities (rods and cones)
- 2. Desensitization
- 3. Changes in pupil size
- 4. Temporal adaptation (shortening time constants)
- 5. Spatial reorganization (shortening space constants)

Other forms of adaptation...

# **CONTRAST ADAPTATION**

Simple light adaptation

Adaptation to increasingly intense steady lights

# 

## **Contrast adaptation**

Adaptation to lights of increasing contrast





Credit: Michael Bach



Credit: Michael Bach











# Contrast adaptation

Source: Horace Barlow

# ADAPTATION TO FEATURES OF A STIMULUS

## Orientation and spatial frequency selective adaptation



Source: Barlow and Mollon, 1982



# Motion after-effect

#### Motion





Source: Hans Irtel





Source: Hans Irtel



Source: Hans Irtel

















McCollough effect test pattern

# 

Version by Akiyoshi Kitaoka

McCollough effect test pattern

